

Progressing with Psychology

‘Morning ☺

Wishing all who have tuned in, a very good morning and fruitful day ahead; while you sip your morning coffee, and read this post edition and set out on your day ahead...

JoL

Progressing in mind

The evolvement/ involvement of psychology can be cited in human factors psychology; industrial-organizational now buzzing in vocational/ occupational psychological theories. These are influential in extrinsic/ intrinsic motivation that empowers individuals and societies in synergy.

Also for educational and developmental applications, especially offering tools to develop our youths to recognize their individual potentials.

The underpinnings of psychology dates back to the ancestral Greek philosophers – like Rene Descartes – on the mind-body dualism idea; which developed into the great nature vs nurture debate.

mid 1800s (we have) Wilhelm Wundt, a German physiologist who introduced **introspection**

Edward B. Titchener, (his student, focused on)
Consciousness – (the school of thoughts) Structuralism

William James (American) key person in Functionalism;
developed on “The Principles of Psychology”

Notebook

Dualism –

explains phenomena by 2 opposing principles (mind vs matter; mind vs body)

Introspection –

examination of 1’s own conscious thoughts/ beliefs (in psy, relies on observation of 1’s mental state)

Structuralism –

a theory of consciousness; seeks 2 analyze the adult mind (total sum of experiences from birth to present); employs self-reports of sensations, views, feelings, emotions

Functionalism –

identity theory of mind & behaviorism; functional role btw mental states & behavioral output