

Sammi Cheng and her depression (Interview in 2018)

She was in Singapore to promote her new movie, *First Night Nerves*, at Singapore International Film Festival.

This was the
29th Singapore International Film Festival
from 28 November to 9 December 2018.

Parallels between her movie character and Personal Life

In the past, she decided to start all over again because she couldn't stand it any longer.

She couldn't remain in depression, so she decided to return and hold a concert.

When she hit rock bottom and was about to give it all up, she picked herself up and saw a different side to life.

She loves thinking about herself through different lenses and she doesn't set boundaries for herself.

She thinks that at any age, you can find the strength to discover a whole new side of you.

How does she decide what to post on IG?

She likes to stay natural because that is a side of her. Whether it's a side of me that's pretty, ugly, fat or thin, that's a part of who she is.

What are her plans for 2019?

She will be holding another concert in July 2019. She has four new movies lined up that will be showing very soon.