

A SnapSHot in History

‘Morning ☺

Wishing all who have tuned in, a very good morning and fruitful day ahead; while you sip your morning coffee, and read this post edition and set out on your day ahead...

JoL

History in a SnapShot

A lil history about Psychology

The word “Psychology” is derived from the Greek word “psyche” literally meaning ‘life’ or ‘breath’.

The derived meanings of “psyche” could mean ‘soul’ or ‘self’.

The Emergence of Psychology as a separate & independent field of study
Begun When Wilhelm Wundt established the first experimental psychology lab in Leipzig, Germany in 1879.

Wundt focused on structures of the mind and analysis of sensations and feelings through “introspection” – a highly subjective process

Schools of Thought

(Regarding human thought and behavior)

perspectives that have contributed to our understanding of psychology

- Structuralism
- Functionalism
- Psychoanalysis
- Behaviorism
- Humanism
- Cognitivism

Areas of Psychology

- Abnormal Psychology
- Biological Psychology
- Clinical Psychology
- Cognitive Psychology
- Comparative Psychology
- Counseling Psychology
- Developmental Psychology
- Forensic Psychology
- Geriatric Psychology
- Health Psychology
- Industrial-Organizational Psychology
- Personality Psychology
- School Psychology
- Social Psychology
- Spiritual Psychology
- Sport Psychology
- Positive Psychology
- PsychoTraumatology (MPT)
- Pet Psychology

& the list goes on...